

EAST ALTON DISTRICT 13 - MIDDLE SCHOOL MENU

OCTOBER 2018

Menu is subject to change without notice

Choice of milk served daily

This institution is an equal opportunity provider

Monday

Tuesday

Wednesday

Thursday

Friday

1

HAMBURGER ON BUN
CHOICE OF 3 ENTREES
LETTUCE & TOMATO
CORN
PEACHES
VARIETY OF MILK

2

CHICKEN SOUP/CRAX
BOSCO CHEESE STICK
CHOICE OF 3 ENTREES
CARROT & CELERY STICKS
CHILLED FRUIT COCKTAIL
VARIETY OF MILK

3

TACO,BEEF SOFT SHELL
CHOICE OF 3 ENTREES
SALSA
REFRIED BEANS
MANDARIN ORANGES
VARIETY OF MILK

4

CHIC PATTY ON BUN
CHOICE OF 3 ENTREES
RANCH DRESSING
GARDEN SALAD
SWEET POTATO PUFFS
PINEAPPLE
VARIETY OF MILK

5

8

[Empty menu box]

9

MEATBALL SUBS
CHOICE OF 3 ENTREES
SWEET POTATO FRIES
TROPICAL FRUIT
BUG BITE GRAHAM SNACKS
VARIETY OF MILK

10

Poppin' Chicken Bowl
CHOICE OF 3 ENTREES
PEACHES
VARIETY OF MILK

11

CHILI CON CARNE
CORN BREAD
CHOICE OF 3 ENTREES
CARROT & CELERY STICKS
RANCH DRESSING
APPLESAUCE
VARIETY OF MILK

12

CHEEZY MEATLOAF
CHOICE OF 3 ENTREES
MASHED POTATOES
GREEN BEANS
DINNER ROLL
FROZEN FRUIT JC CUP
VARIETY OF MILK

15

TONY'S SAUSAGE NU PIZZA
CHOICE OF 3 ENTREES
CELERY STICKS/DIP
GARDEN SALAD
PINEAPPLE
CHOCOLATECHIP COOKIES
VARIETY OF MILK

16

BBQ RIB ON BUN
CHOICE OF 3 ENTREES
SPICY PINTO BEANS
PRETZELS
ROSY APPLESAUCE
VARIETY OF MILK

17

CHICKEN POT PIE
CHOICE OF 3 ENTREES
GREEN BEANS
CHILLED FRUIT COCKTAIL
VARIETY OF MILK

18

TOASTED RAVIOLI
MARINARA SAUCE
CHOICE OF 3 ENTREES
CORN
PEACHES
VARIETY OF MILK

19

[Empty menu box]

22

CHICKEN RINGS
CHOICE OF 3 ENTREES
CORN
PRETZELS
CHILLED FRUIT COCKTAIL
VARIETY OF MILK

23

TATER TOT CASSEROLE
CHOICE OF 3 ENTREES
CARROTS
DINNER ROLL
GRANOLA BAR
PINEAPPLE
VARIETY OF MILK

24

GENERAL TSO'S CHICKEN
RICE
CHOICE OF 3 ENTREES
ORIENTAL VEGETABLES
GRAPES
CHOC PUDDING
VARIETY OF MILK

25

HOT DOG BUN
HOT DOG
CHOICE OF 3 ENTREES
CARROT & CELERY STICKS
BAKED BEANS
MANDARIN ORANGES
VARIETY OF MILK

26

TURKEY SUB
CARROT STICKS & DIP
DORITOS
APPLES,Fresh
VARIETY OF MILK

29

MINI CORN DOGS
CHOICE OF 3 ENTREES
BAKED BEANS *RESIZED*
SWEET POTATO FRIES
PINEAPPLE
VARIETY OF MILK

30

CHICKEN NUGGETS
BBQ SAUCE
CHOICE OF 3 ENTREES
MASHED POTATOES
CHICKEN GRAVY
GREEN BEANS
FROZEN FRUIT JC CUP
VARIETY OF MILK

31

PIZZA BOSCO STICK
CHOICE OF 3 ENTREES
GARDEN SALAD
BUBBLEGUM PEARS
RICE CHEX BAR
VARIETY OF MILK

