

EAST ALTON DISTRICT 13 - MIDDLE SCHOOL MENU

JANUARY 2019

Menu is subject to change without notice

Choice of milk served daily

This institution is an equal opportunity provider

Monday

Tuesday

Wednesday

Thursday

Friday

HAMBURGER ON BUN
CHOICE OF 3 ENTREES
LETTUCE & TOMATO
CORN
PEACHES
VARIETY OF MILK **8**

CHICKEN SOUP/CRAX
BOSCO CHEESE STICK
CARROT & CELERY STICKS
CHILLED FRUIT COCKTAIL
VARIETY OF MILK **9**

Taquito
CHOICE OF 3 ENTREES
SALSA
REFRIED BEANS
MANDARIN ORANGES
GRAHAM SNACKS
VARIETY OF MILK **10**

CHIC PATTY ON BUN
CHOICE OF 3 ENTREES
RANCH DRESSING
GARDEN SALAD
SWEET POTATO PUFFS
PINEAPPLE
VARIETY OF MILK **11**

MEATBALL SUBS
CHOICE OF 3 ENTREES
SWEET POTATO FRIES
TROPICAL FRUIT
BUG BITE GRAHAM SNACKS
VARIETY OF MILK **14**

BEEF FIESTADA
CHOICE OF 3 ENTREES
CORN
PRETZELS
BUBBLEGUM PEARS
VARIETY OF MILK **15**

CHILI CON CARNE
CORN BREAD
CHOICE OF 3 ENTREES
CARROT & CELERY STICKS
RANCH DRESSING
APPLESAUCE
VARIETY OF MILK **16**

CHEEZY MEATLOAF
CHOICE OF 3 ENTREES
MASHED POTATOES
GREEN BEANS
DINNER ROLL
FROZEN FRUIT JC CUP
VARIETY OF MILK **17**

QUESADILLA
CHOICE OF 3 ENTREES
BROCCOLI
ORANGE
RICE CHEX BAR
VARIETY OF MILK **18**

TONY'S SAUSAGE NU PIZZA
CHOICE OF 3 ENTREES
CELERY STICKS/DIP
PINEAPPLE
CHOCOLATECHIP COOKIES
VARIETY OF MILK **22**

CHICKEN NUGGETS
BBQ SAUCE
CHOICE OF 3 ENTREES
MASHED POTATOES
CHICKEN GRAVY
FROZEN FRUIT JC CUP
VARIETY OF MILK **23**

CHICKEN POT PIE
CHOICE OF 3 ENTREES
GREEN BEANS
CHILLED FRUIT COCKTAIL
VARIETY OF MILK **24**

TURKEY SUB
CARROT STICKS & DIP
DORITOS
APPLES,Fresh
VARIETY OF MILK **25**

CHICKEN RINGS
CHOICE OF 3 ENTREES
CORN
PRETZELS
CHILLED FRUIT COCKTAIL
VARIETY OF MILK **28**

TATER TOT CASSEROLE
CHOICE OF 3 ENTREES
CARROTS
DINNER ROLL
GRANOLA BAR
PINEAPPLE
VARIETY OF MILK **29**

GENERAL TSO'S CHICKEN
RICE
CHOICE OF 3 ENTREES
ORIENTAL VEGETABLES
GRAPES
CHOC PUDDING
VARIETY OF MILK **30**

HOT DOG BUN
HOT DOG
CHOICE OF 3 ENTREES
CARROT & CELERY STICKS
BAKED BEANS
MANDARIN ORANGES
VARIETY OF MILK **31**