

**EAST ALTON DISTRICT #13 - 3 WEEK BREAKFAST AND AFTER SCHOOL SNACK  
CYCLE MENU MEAL PLANS**

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**BREAKFAST MEAL PLAN**

02/26/2018

<b><u>Meal Plan # 1</u></b> Cereal Bar Choice Fruit Choice Juice Milk Choice	<b><u>Meal Plan # 2</u></b> Banana Loaf Cheese Stick Fruit Choice Juice Milk Choice	<b><u>Meal Plan # 3</u></b> Mini Cinni's Fruit Choice Juice Milk Choice	<b><u>Meal Plan # 4</u></b> Pancake Wrap Fruit Choice Juice Milk Choice	<b><u>Meal Plan # 5</u></b> Filled Crescents Fruit Choice Juice Milk Choice
<b><u>Meal Plan # 6</u></b> Cereal Bar Choice Fruit Choice Juice Milk Choice	<b><u>Meal Plan # 7</u></b> Breakfast Sliders Fruit Choice Juice Milk Choice	<b><u>Meal Plan # 8</u></b> Mini Waffles Fruit Choice Juice Milk Choice	<b><u>Meal Plan # 9</u></b> Frudel Fruit Choice Juice Milk Choice	<b><u>Meal Plan # 10</u></b> Breakfast Wrap Fruit Choice Juice Milk Choice
<b><u>MEAL PLAN #11</u></b> Cereal Bar Choice Fruit Choice Juice Milk Choice Revised 2/17/13	<b><u>MEAL PLAN #12</u></b> Honey Bun Yogurt Fruit Choice Juice Milk Choice	<b><u>MEAL PLAN #13</u></b> Mini French Toast Fruit Choice Juice Milk Choice	<b><u>MEAL PLAN #14</u></b> Pancake Wrap Fruit Choice Juice Milk Choice	<b><u>MEAL PLAN #15</u></b> Breakfast Pizza Fruit Choice Juice Milk Choice

**AFTER SCHOOL SNACK MEAL PLAN**

10/3/2016

<b><u>MEAL PLAN #1</u></b> MEAT STICK CRACKERS  MILK	<b><u>MEAL PLAN #2</u></b> UBR  MILK	<b><u>MEAL PLAN #3</u></b> CHOICE OF CEREAL  MILK	<b><u>MEAL PLAN #4</u></b> MUFFIN  MILK	<b><u>MEAL PLAN #5</u></b> GRAHAM SNACKS  MILK
<b><u>MEAL PLAN #6</u></b> CRACKERS & CHEESE STICK MILK	<b><u>MEAL PLAN #7</u></b> TEDDY GRAHAMS  MILK	<b><u>MEAL PLAN #8</u></b> ANIMAL CRACKERS  MILK	<b><u>MEAL PLAN #9</u></b> RICE KRISPY TREAT  MILK	<b><u>MEAL PLAN #10</u></b> APPLE SLICES CHEESE STICK MILK
<b><u>MEAL PLAN #11</u></b> NACHOS & CHEESE SAUCE  MILK	<b><u>MEAL PLAN #12</u></b> BANANA BREAD  MILK	<b><u>MEAL PLAN #13</u></b> CHEX MIX  MILK	<b><u>MEAL PLAN #14</u></b> CRACKERS & CHEESE STICK MILK	<b><u>MEAL PLAN #15</u></b> GRANOLA BAR  MILK

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