

**EAST ALTON SCHOOL DISTRICT #13  
SCHOOL HEALTH REQUIREMENTS**

Dear Parent/Guardian:

**The state of Illinois requires a student must have a physical 1 year prior to entering:**

- Preschool, kindergarten, and/or 1st grade for the first time
- 6th grade
- 9th grade
- New to the state of Illinois

**Students must show proof that immunizations are up-to-date including: Dtap, Polio, Hep B, Hib, Varicella/MMR, and Tdap (6th grade and up)**

**THESE REQUIREMENTS MUST BE FULFILLED PRIOR TO THE FIRST DAY OF SCHOOL**

\*\*\*Please make sure before you leave the physician's office that the physician has completed all portions of the physical, on the front and back or **THE PHYSICAL WILL NOT BE ACCEPTED.** The parent will be asked to go back to the physician and get the missing information. Physicians are not faxing health information to schools because of HIPPA privacy laws.

**The school district nurse will not have time to fax.**

**Especially check these areas:**

- Immunization
- Allergies/Medication
- Parent Portion - signed and dated
- Physical Examination Requirements : height, weight, BMI, B/P
- Diabetes Screening
- Lead Risk - required for children 6-months to 6 years
- System Review and below
- Asthma portion
- PE and Interscholastic Sports

A student entering EASD#13 has 30 days to meet the health requirements.

The state of Illinois now requires:

Kindergarten eye exam (with Optometrist) due October 15 of each school year

Kindergarten, 2nd grade, and 6th grade Dental Exam due May 15 of each school year

**NO APPOINTMENT CARDS ARE ACCEPTED**

Emily Lauer RN BSN

District School Nurse

618-433-2145

